



SPA

NEEK



ENGLISH

SERVICES

TYPE OF PRESSURE

TIME

RELAXING MASSAGE

Recover your energy and inner peace with this massage that helps to release the stress and tiredness accumulated by the daily work, reducing muscle tension.

MEDIUM
PRESSURE

50 MIN

SWEDISH MASSAGE

Enjoy handling movements to release tension and help achieve balance and physical relaxation.

MEDIUM
PRESSURE

50 MIN

HOLISTIC MASSAGE

Increases energy levels and improves concentration. Relieves muscle tension and stiffness.

MEDIUM TO
STRONG
PRESSURE

60 MIN

DEEP TISSUE MASSAGE

It is a technique designed to work below the superficial layers of the muscle in order to break adhesions or muscle tension.

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60 MIN

SERVICES

TYPE OF PRESSURE

TIME

HOT STONE MASSAGE

Promotes circulation relieving muscle pain and improving sleep quality.
Relaxes muscles and restores harmony.

MEDIUM
PRESSURE

80 MIN

FUSSION MASSAGE

It is a combination of techniques massage helping to improve the functioning of the whole body, improving circulation and blood pressure

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80 MIN

FACIALS

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50 MIN